

Stage 2.5: Are you satisfied with your current work/ life balance?

	Yes
Do you enjoy what you are doing?	
Do you spend enough time with your family (wife/ partner/ children)?	
On average, do you finish work by 6pm (outside of the calving season)?	
Do you use a contractor/labour to reduce your workload at busy times?	

To achieve my plan, there are things I must...

Start doing	Stop doing

How will your daily workload change once your plan is implemented?