



## **GROUND RULES FOR DISCUSSION GROUP MEETINGS**

## **Health and Wellbeing Check for Group Members:**

In advance of the discussion group meeting, please ask yourself the following questions. If you answer "Yes" to any of the questions, please do not come to the meeting.

- **1.** Do you have symptoms of cough, fever, high temperature, sore throat, runny nose, breathlessness or flu like symptoms now or in the past 14 days?
- **2.** Have you been diagnosed with confirmed or suspected COVID-19 infection in the last 14 days?
- **3.** Are you a close contact of a person who is a confirmed or suspected case of COVID-19 in the past 14 days (i.e. less than 2m for more than 15 minutes accumulative in 1 day)?
- **4.** Have you been advised by a doctor to self-isolate or cocoon at this time?

## **Ground Rules for Discussion Group Meetings:**

- **1.** Maintain social distancing at all times, minimum 2 metres apart.
- **2.** It is advisable to travel alone to the meeting.
- **3.** Avoid gathering in the car park at the start & at the end of the meeting.
- **4.** Sanitize hands before entering & leaving the site/farm. Outdoor hand sanitizing will be made available.
- **5.** Go straight to the field when you come to the meeting. Maintain social distance of 2 metres.
- **6.** You may wear masks, if you wish, but these will not be provided by Teagasc.
- **7.** No sharing of documents.
- **8.** Discourage use of host farm toilet facilities.